

## HYPOGLYCEMIA QUESTIONNAIRE

No = 0    Mild = 1    Moderate = 2    Severe = 3

Crave sweets	0	1	2	3
Irritable if a meal is missed	0	1	2	3
Feel tired or weak if a meal is missed	0	1	2	3
Dizziness when standing suddenly	0	1	2	3
Frequent headaches	0	1	2	3
Poor memory (forgetful) or concentration	0	1	2	3
Feel tired an hour or so after eating	0	1	2	3
Heart palpitations	0	1	2	3
Feel shaky at times	0	1	2	3
Afternoon fatigue	0	1	2	3
Vision blurs on occasion	0	1	2	3
Depression or mood swings	0	1	2	3
Overweight	0	1	2	3
Frequently anxious or nervous	0	1	2	3
<p><b>TOTAL</b> _____</p> <p>Scoring:                      Less than 5 = hypoglycemia is not a likely factor                      6 to 15 = hypoglycemia is a likely factor                      Greater than 15 = hypoglycemia is extremely likely</p>				